

Lesson plan 1

OUR GAME

We work closely with schools up-and-down the country and are really passionate about [championing active learning and enjoyable, creative, safe outdoor play](#).

We've put together a series of [free lesson plans](#) that are designed to enable nurseries and schools to hold outdoor games that all children can play and enjoy. The first game in the series is call [Our Game](#).

OUR GAME DETAILS

NATIONAL CURRICULUM LEARNING OBJECTIVES:

1. CHILDREN CAN [MAINTAIN ATTENTION AND PARTICIPATE ACTIVELY](#) IN COLLABORATIVE CONVERSATIONS, [STAYING ON TOPIC AND INITIATING AND RESPONDING TO COMMENTS](#).
2. PUPILS SHOULD BE TAUGHT TO [PLAN THEIR WRITING BY DISCUSSING AND RECORDING IDEAS](#).



WHAT YOU'LL NEED

[Our ideas worksheet](#) printed on A3 paper - one per group.

[A selection of PE equipment](#) that's suitable for group work and the environment

[Multiple soft balls/beanbags](#) or similar items

[A list of games](#) known by pupils (hide and seek, football, rounders, etc)

HOW TO GET STARTED

STAGE: INTRODUCTORY ACTIVITY

DURATION: 15 MINUTES

This activity starts off by playing, [Name That Game](#). Here's how to play it:

The teacher describes a traditional playground game without naming it. The children put up their hands when they know the name of the game that's being described.

The aim of this introduction is to help pupils think of different types of games, from football to hopscotch and hide and seek. Not all games need equipment. And not all games have teams.



WHAT TO DO NEXT

STAGE: MAIN ACTIVITY

DURATION: 30 MINUTES

Once you've carried out the introductory activity, now you're ready to move on to playing the main game. And this is how you do it:

1. [Split the class](#) into multiple attainment groups (recommended for four to six pupils).
2. Provide each group with [a selection of PE equipment](#) to help with inspiration.
3. Use the [Our Ideas A3 worksheet](#) for pupils to jot down their ideas for their own game. The sheet should contain prompts to provide some structure.

THE RULES

1. THE GAME HAS TO BE PLAYED OUTSIDE.
2. IT MUST BE SAFE.
3. EVERYBODY MUST BE ABLE TO PLAY THE GAME.



HOW TO WRAP EVERYTHING UP

STAGE: WINDING DOWN

DURATION: 15 MINUTES

Invite the groups to share their ideas. As each group shares their idea, the teacher asks the pupils if the game fits the rules of the competition.

We hope you find this lesson plan useful and that you and your pupils have plenty of fun playing Our Game!

If you have any questions, please contact us on
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